

# PERSONAL VISION

**PURPOSE** | This concept is a fantastic activity to get your personal dreams written out on paper for you to visualize what it is that you really want. We highly recommend this activity as part of any organization to conduct with and for their employees' personal enrichment. However, we recommended it for anyone. This activity is excellent for couples and families to work through. It can give you insight on your partner's or children's dreams, and what they aspire to be. Once the initial session is completed, we will take you through a process of quantifying these aspirations, then provide you a means to develop your plan to reach those dreams.

**HOW TO USE** | Start at the beginning, on this page, you type in your name and the date in which you created your personal vision. Page 2 will ask you to fill out 3 to 4 aspirations for ten categories of personal and professional desires, wishes or dreams. Use short phrases to describe your goals. They can be large or small wishes as big as travel the world, or as small as visit Niagra Falls. These are your wants and desires.

There is nothing that says you have to have desires in each of the ten categories, remember these are your dreams. Take the time; maybe close your eyes and dream, before writing them out. Putting your thoughts in writing may be a challenging exercise in itself for many, so please do not feel pressured to move on to the next step. However, we strongly recommend that if you want to fulfill these dreams, go on to the next level.

**ENTER YOUR NAME:**

**ENTER TODAY'S DATE:**

**CUSTOMIZE BY ADDING YOUR LOGO:**

# WHAT I WANT TO ACHIEVE

<b>PHYSICAL</b>	<b>PROFESSIONAL</b>
<b>INTELLECTUAL</b>	<b>FINANCIAL</b>
<b>EMOTIONAL</b>	<b>MATERIAL</b>
<b>CHARACTER</b>	<b>ADVENTURE</b>
<b>SPIRITUAL</b>	<b>LEGACY</b>

**For each of the short phrases, we want you to define them with specifics on what this means to you.** Let's assume we initially used "travel the world." In this instance, you could write something like:

*"I want to have my passport filled from at least 30 different countries, including those in my heritage, and that of my spouse. These include Ireland, England, France, The Netherlands, Germany, and Poland. Additional countries in Europe would include Spain, Switzerland, Italy and Sweden. In Central America, I would like to visit Panama and Costa Rica, In South America, Peru, Argentina and Brasil, and Columbia. In Asia, Thailand, Cambodia, Vietnam, China, Japan and The Philippines. I would also like to spend at least three weeks exploring Australia.*

## PHYSICAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## PROFESSIONAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## INTELLECTUAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## FINANCIAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## EMOTIONAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## MATERIAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## CHARACTER

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## ADVENTURE

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## SPIRITUAL

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM:

## LEGACY

FIRST ITEM:

SECOND ITEM:

THIRD ITEM:

FOURTH ITEM:

FIFTH ITEM: